**Physical Education**

**Coach Johnson**

**Course Syllabus 2024-2025**

**Course Description an**

**d Objectives**

*The physically educated student has developmentally appropriate grade-level comprehension and application of the concepts and principles of fitness, motor skills, movement patterns, tactics, and strategies which contribute to a physically literate and active lifestyle.*

**Unit/Concept Names**

* Recreational Games: Introduces recreational games for lifetime leisure activities, which may include table tennis, shuffleboard, Frisbee, deck tennis, new games, horseshoes, darts and croquet. Rules & Skills
* Lifetime Sports: bowling, golf, tennis, racquetball, baseball, badminton, roller skating and skiing
* Personal Fitness: strength, muscular endurance, flexibility, body composition, and cardiovascular endurance; includes instruction in fitness principles, nutrition, fad diets, weight control, stress management, adherence strategies, and consumer information; and promotes self-awareness and responsibility for fitness.
* Team Sports: team sports such as basketball, volleyball, soccer, softball, baseball, field hockey, lacrosse, team handball, and flag football.
* Weight Training: strength development training and proper lifting techniques; includes fitness concepts for developing healthy lifetime habits based on the American College of Sport Medicine Guidelines for fitness and conditioning

**Major Course Projects and Instructional Activities:**

***Participation is Essential!***

Students will work in groups. However, students will have individual roles and responsibilities with in the group in which they will be held accountable. Groups will present/be assessed weekly.

Once students have been provided instructions on the various activities, students will then be provided the opportunity to practice/work independently (part of participation grade). When students have been provided ample time to master skills, students will be assessed on mastery of standard content, ability to perform various skills/techniques, and overall effort.

**Course work/Classwork**

Students will receive a variety of assignments designed to enhance their learning. If a student is absent, the student is responsible for the missed assignment.

Students are expected to submit work on time. Doing so exhibits pride in producing quality work and fulfilling student responsibility. This work habit is a behavior that supports academic achievement and demonstrates characteristics from our Richmond County School System Profile of a Graduate. Late work can negatively impact learning and your ability to demonstrate mastery of the standards.

When the assignment calls for students to produce original work, students will not use Artificial Intelligence (AI) to generate the assignment for them. Assignments are given to help students learn and demonstrate what they know. While there may be appropriate times for students to use AI during the learning process, using AI to generate original work in place of the student completing the work, is considered

Academic Dishonesty and can be punished according to the rules outlined in the Code of Conduct. *See RCBOE IHA-R Grading Practices*

**Late Work (Grading Policy- See RCBOE IHA-R Grading Practices)**

Students may have their scores reduced by 5% per school day for a 25% maximum reduction (five school days). ***Late work submitted after the fifth school day will only be accepted at the teacher’s discretion.***

**Make-Up Work (Grading Policy)**

Students are expected to make-up assignments and assessments that were missed due to absence from

School within 5 school days of their return. Students are expected to check the WAG from the school website to see what was missed and are responsible for asking teachers for the make-up work upon returning to class (after class). When the announcement is made on designated makeup days, students are expected to report. Students will be allowed to make-up assignments on designated make-up days.

**Evaluation (Grading Policy)**

* **Daily Warm-Ups (Minor – 60%)**
* **Participation (Minor – 60%)**
* **Assessments/Presentations (Major – 40%)**

**Relearn and Reassess Plan**

For any major assessments, students will have the opportunity to submit a relearning plan for parent and teacher approval. Upon satisfactory completion of the plan, as determined by the teacher, students will be given a minimum of **ONE** opportunity to be reassessed. Only students scoring below 70 on a major assessment can complete a relearning plan unless exempted with parent approval.

* Reassessments may be different from the original.
* The reassessment score will replace the original score (the scores will not be averaged).
* Reassessments should be completed **within 7 school days** of receiving the original grade. Teachers should have discretion to extend the timeline to address extenuating circumstances.

*See teacher class page for Relearn/Reassess*

**Classroom Procedures & Expectations**

The overarching expectation in this class is to represent WAR (W, Accountable, Respectful)

Below are the expectations for how to W.A.R. in class!

|  |  |
| --- | --- |
| **Wholehearted** | * **Attack everything you do and finish everything you begin.** * **Persevere through all activities regardless of the predicted outcome.** |
| **Accountable** | * **Always remain in designated areas of the gym/classroom/outdoor area.** * **Wear appropriate attire (following RCBOE dress code policy) and sneakers.** * **Assist in maintaining a clean and safe learning environment.** |
| **Respectful** | * **Adhere to all policies, rules and expectations set forth by your instructor, in the student handbook, and notated in the RCSS Code of Conduct.** * **Show good sportsmanship through displaying desirable behaving and using appropriate language.** |

**Course Materials**

1. Proper attire and shoes for fitness activities
2. Water bottle
3. Personal hand sanitizer
4. Laptop

**My Contact Information**

* Class Location: B220/Old Gym
* Email: johnsco@richmond.k12.ga.us
* Remind:  **@g9g8f6**
* Canvas inbox

**Acknowledgement of Changes**

Please be aware that the syllabus is subject to change throughout the course. Any changes to the syllabus will be communicated promptly via Email or Remind, and it is the responsibility of students and parents/guardians to stay informed of any updates.

**Contract Acknowledgment**

**Student Contract:** I understand that all work should be completed on time. I understand that my teacher may deduct five points per day and communicate this in my Infinite Campus gradebook. I also understand that work turned in after the learning has occurred may not be graded (no more than 5 school days from the due date). I understand that using Artificial Intelligence to complete assignments where I am asked to produce original work will be considered Academic Dishonesty.

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_

**Parent Contract:** I understand that my child is expected to complete assignments on time. I will remain in communication with my child’s teacher and monitor missing and late work as noted in Infinite Campus Parent Portal. If my child continues to submit work late, I understand that a parent-teacher conference will be needed to co-develop a plan of action. I understand that my child should not use Artificial Intelligence to complete assignments where students are asked to produce original work.

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_